

# International Master of Lifelong Learning in Adlerian Counseling Ramon Llull University

## Study plan

**Green:** classes are face-to-face or online synchronously (via meet, zoom, etc.) according to schedule. Specified work hours are exact

**Yellow:** subject is fully online (asynchronous); teacher uploads the material and assignments on the SCALA online platform and students work in their own time, but the teacher sets a deadline for turning in their work. Specified work hours are estimations.

**Red:** Face-to-face weekend (Friday - Sunday)

y e a r	seme ster	Module	subject subjects have to be kept with their names, but the contents can vary according to the teacher's preference  The subjects of the module Intervention I and II (face-to-face/online synchronous subjects) may vary in names and content	work hours for student (estimated, in the case of the online asynchronous classes)	time frame
1	1	1. Adlerian theory			
			1.1. Basic concepts of Adlerian Psychology	30	(3 months; October 13 th 2024 - January 15th 2025)
			1.2. Introduction to Adlerian counseling	15	January 15-February 30th 2025
			1.3. Psychopathology	8	April 1st-June 10th 2025  (subject can be taught by one or two people)
				8	
			1.4. Master class	2	one session of 2 hours at the end of the term
		Total module	63		
1	2	2. Counseling competencies			
			2.1. The helping relationship	16	February 30th-March 30th 2025 (subject can be taught be one or two people)

			<b>2.2. Counseling skills</b>	24	
			<b>Total module</b>	<b>40</b>	
<b>1</b>	<b>1+2</b>	<b>Intervention I (practical training)</b>	The aim of this module is training in Adlerian counseling and therapy through peer counseling (students work with each other on their own issues, being alternatively in the role of client or counselor)		Sundays 10-13 h and 15-18 h Wednesdays 19.30 - 21.30 h according to schedule:
			Presentation of the programme and teaching staff; explanation of the university online learning platform to the students (SCALA)	6	Sunday 1 october 13 th 2024
			Pillars of the first interview: intake, referral, setting, construction of the problem	2	Evening 1 october 23rd
			Life style and early recollections (I)	6	Sunday 2 november 3rd
			Introduction to counseling skills (refers to asynchronous module)	2	Evening 2 november 13th
			Adlerian counseling and therapy	6	Sunday 3 november 17th
			The helping relationship	2	Evening 3 November 27 th
			Life style and early recollections (II)	6	Sunday 4 December 1st
			MASTER CLASS	2	Evening 4 December 11th
			Adlerian counseling and therapy	6	Sunday 5 January 12 2025
			ERs/counseling skills	2	Evening 5 January 15th
			Adlerian counseling and therapy	14	Face-to-face Weekend in Barcelona Jan 24-26 2025
			Adlerian counseling and therapy	6	Sunday 6 February, 16
			Counseling diversity	2	Evening 6 February 26th
			Adlerian counseling and therapy	6	Sunday 7 March 9th
			Counseling diversity	2	Evening 7 March 19th
			Adlerian counseling and therapy	6	Sunday 8 April 6 th
			Adlerian counseling and therapy	2	Evening 8 May 7th
			Introduction to Master's Thesis work (TFM)	2	Evening 9 May 28th
			<b>Total module</b>	<b>80</b>	
			<b>Total credits year 1</b>		
<b>2</b>	<b>1</b>	<b>3. Adlerian Psychology in context</b>			
		<b>3.1. Adlerian Psychology and other therapy approaches</b>		16	october 15th-december 15th 2025

			<b>3.2. Ethics in counseling and therapy</b>	8	January 15- February 28th 2026
			<b>3.3. Master class</b>	2	one session of 2 hours at the end of the term
			<b>Total module</b>	<b>32</b>	
<b>2</b>	<b>1+2</b>	<b>Intervention II</b>	The aim of this module is training in Adlerian counseling and therapy through peer counseling (students work with each other on their own issues, being alternatively in the role of client or counselor  (the details /subjects of this module can vary)		
			Introduction to the 2nd year (presentation of subjects and teaching staff) ----- Students' proposals for their Master's thesis	6	Sunday 1 October 19th 2025
			XXX	2	Evening 1 October 29th
			Counseling in Education	6	Sunday 2 November ,9th
			Counseling in Education	2	Evening 2 November 12th
			Counseling in Education	6	Sunday 3 November 23rd
			Counseling in Education	2	Evening 3 December, 3rd
			Adlerian counseling and therapy	14	Face-to-face Weekend in Barcelona January 16-18th 2026
			follow-up of Master's theses	3 3	Sunday 4 February 1st 2026
			Couple counseling	2	Evening 4 February 11th
			Adlerian counseling and therapy	6	Sunday 5 March 15th
			Couple counseling	2	Evening 5 March 25th
			Couple counseling	6	Sunday 6 April 12 th
			Adlerian counseling and therapy	2	Evening 6 April 15th
			Adlerian counseling and therapy	6	Sunday 7 May 10 th
			Adlerian counseling and therapy	2	Evening 7 May 20th
			Thesis presentation	6	Sunday 8 May 31rd
			MASTER CLASS	2	Evening 8 June 10th
			Closure	2	Evening 9 June 17 th 2026
			<b>Total module</b>	<b>80</b>	
<b>2</b>	<b>1+2</b>	<b>6. Supervisión</b>			
			<b>6.1. Individual supervision of three cases</b>  Students have to work with 3 cases (clients), undergo supervision for them and write reports	aprox 7-8 online meetings (2-3 hours)	online meeting with supervisor October 2025-June 2026

			<b>Total module</b>	<b>48</b>	
<b>2</b>	<b>1+2</b>	<b>7. Master's thesis writing</b>			
			<b>7.1. Master's thesis tutoring</b> Each student is assigned a tutor; tutor/student ratio is currently 8 students per tutor, but can vary.  Tutors must have an M.A. or PhD in Psychology or Education	4-5 online meetings with tutor	9 months online (individual meetings online with tutor) October 2025-June 2026
			<b>Total module</b>		
			<b>Total credits year 2</b>		
			<b>Total máster</b>	<b>480</b>	